



## PRESCOTT VISION & EYE SURGERY CENTER

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# How Weather Affects Allergy Forecast

Weather plays a direct role in the severity and length of the **allergy season**. Weather conditions will increase the amount of pollen production to yield high pollen levels or decrease pollen production to yield low [pollen levels](#).

A mild winter can signify an early allergy season, since trees tend to start pollinating earlier.

Dry, windy weather spreads pollen quickly, producing a higher distribution of pollen...increasing allergy symptoms.

A late freeze can delay tree pollination, producing lower [pollen counts](#).

Rain can reduce the pollen count by washing pollen from the air, thereby providing relief for allergy sufferers. Although sometimes rain can cause an adverse effect: rain in late fall or winter can increase tree pollination amounts, causing higher pollen levels. Increased rain in spring makes grass grow faster to produce more unwanted pollen.

## An Allergy Forecast for Every Allergy Season

To determine an accurate allergy forecast, weather is analyzed, including winter weather conditions, freeze dates, and rain conditions. Current pollen data also helps determine an allergy forecast.

## Allergy Forecast from Pollen.com

If you have a [pollen allergy](#) it's likely you are all too familiar with itchy watery eyes, runny nose, itchy throat, hives, fatigue, and irritability. Wouldn't it be nice to have access to an allergy forecast so you can have advance warning when pollen levels will be high?

Pollen.com offers you a national [allergy forecast](#), so you can stay updated on pollen counts and allergens. Our allergy forecast outlines the pollen and allergy levels for your location.

You can also sign up for a 2-day [allergy alert](#) email. Just enter your email address and zip code, and Pollen.com will send you [allergy reports](#) when allergy conditions reach moderate levels, the point at which most allergy sufferers start experiencing symptoms, such as hay fever. Tracking your [local pollen count](#) can help you manage your allergies.

You can also receive the [pollen forecast](#) on your mobile phone by accessing [www.pollen.com/m](http://www.pollen.com/m) and viewing the latest pollen forecast for your zip code. You can even check the weather and review the [pollen index levels](#) for last 30 days.

**Be prepared for every allergy season with Pollen.com**  
**your number one destination for your local allergy forecast.**